



Health for the Poorest

ANNUAL REPORT

2024

Meet Mahabir Gangai: This Year's Voice of Resilience
Against Lymphatic Filariasis.

Read his inspiring story inside.

ACRONYMS

ANC: Antenatal Care

ANM: Auxiliary Nurse Midwife

BC: Birthing Centre

CHM: Community Health Mobilizer

CHU: Community Health Unit

DHIS: District Health Information System

DID: Disability Inclusive Development

DoHS: Department of Health Services

EDCD: Epidemiology and Disease Control Division

EHP: Essential Health Project

EOC: Emergency Obstetric Care

FCHV: Female Community Health Volunteer

FM: FAIRMED Nepal

FWD: Family Welfare Division

GESI: Gender Equality and Social Inclusion

HF: Health Facility

HFOMC: Health Facility Operation and Management Committee

HMG: Health Mothers' Group

HMIS: Health Management Information System

HP: Health Post

LF: Lymphatic Filariasis

LNOB: Leave No One Behind

MNH: Maternal and Neonatal Health

MoHP: Ministry of Health and Population

MSS: Minimum Service Standard

NTDs: Neglected Tropical Diseases

PHC/ORC: Primary Health Care/Outreach Clinic

PHLMC: Province Health Logistic Management Centre

PNC: Postnatal Care

POID: Prevention of Impairment and Disability

PWD: Person With Disability



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BRINDA BHANDARI

Human Resource Manager



On a sunny Sunday morning in 2018, our team set out for Bhotang, Sindhupalchowk, to document the impact of FAIRMED's UPAKAR Project, which supports the livelihoods of people with disabilities. Accompanying me were two consultants for story writing and photography, along with Community Health Officer Shreejana Basnet. After a three-hour drive on bumpy roads, mesmerized by the snow-capped Jugal Mountain, we arrived at Sanu Tamang's home.

Sanu, 35, was basking in the morning sun, chatting with his mother. He lost his sight at two and a half years old due to measles, worsened by late access to healthcare. As Shreejana greeted him from behind, he instantly recognized her voice, responding warmly by name. It was a simple yet a meaningful moment—an indication of the deep trust and connection built over time. Despite meeting only once a year, Sanu knew Shreejana's voice, a hard earned recognition to her dedication and FAIRMED's long-term commitment to community engagement.

True impact goes beyond policies and strategies—it is driven by the passion and perseverance of individuals like Shreejana, social mobilizers, and project teams who work closely with communities. At FAIRMED Nepal, we believe transformation begins with human connection. Through trust, inclusivity, and respect, we bridge gaps, uplift lives, and ensure no one is left behind. Sanu and Shreejana's story is just one of many that highlight how a people-centered approach creates lasting change.

Our VISION is a world where nobody suffers or dies from a curable disease and where all people have equal access to prevention and affordable health care of appropriate quality and in which everyone is able to live in a healthy environment that is characterised by fairness.

Our Core Values



FAIRNESS

We strive to ensure that everyone has equal chances and opportunities without any discrimination or partiality.



ACCOUNTABILITY

We take responsibility for our commitments and actions; we communicate honestly and transparently with all stakeholders.



INTEGRITY

We are consistent and honest in our actions; we take responsibility for our successes and failures.



RESPECT

We treat ourselves and every individual with dignity and care; we accept and value diversity.

How We do- 2

MESSAGE FROM THE LEADERSHIP

The year 2024 was a year of dynamic action and strategic growth for FAIRMED in Nepal. We successfully navigated multiple priorities, including closing two major projects, scaling up another, and planning for new phases.

Through extensive consultations with communities, stakeholders, and government authorities, we developed and submitted three proposals, securing funding and Project Approval (PA) from the Social Welfare Council.

Our strengthened collaboration with federal and provincial health offices led to significant achievements, such as the Leprosy Diagnosis Training Manual for Gandaki and high-coverage LF MDA campaigns in Lumbini and Koshi, supporting the Government of Nepal's health goals.

Internally, we revised our management systems, aligned staff roles with program needs, and invested in capacity building through training and exposure opportunities. These efforts have enhanced our team's skills and motivation, ensuring more strategic and impactful program implementation. A highlight of 2024 was the introduction of FAIRMED's Core Values—Fairness, Accountability, Integrity, and Dignity—crafted during the Country Forum in Switzerland. These values, now integral to our operations, guide our work and ethics. In Nepal, we have already begun embedding these principles through staff orientations and performance evaluations, ensuring they remain at the heart of everything we do.

As I reflect on the year, I extend my heartfelt gratitude to our dedicated colleagues and partners whose tireless efforts have strengthened FAIRMED's program portfolio and delivered tangible improvements in the lives of our beneficiaries. Their work has not only transformed communities but also contributed to better health indicators and stronger local health systems.

Finally, I would like to thank the leaders of the NTDs/VBDSs, Zoonotic diseases, and LCDMS sections under EDCCD, and the Coordination and Policy Planning Division of the Ministry of Health and Population (MoHP). The collaboration and support that we have received have been instrumental in enabling us to work effectively and achieve our shared goals in 2024.



NIRMALA SHARMA
COUNTRY COORDINATOR

In the geography such as Takashera, Rukum East, pregnancy and childbirth remain fraught with risks. Many women give birth at home, far from skilled care, with only tradition to guide them. But FAIRMED acted upon this to change it. Walking rugged trails, our dedicated staff and community mobilizers are working alongside families by raising awareness, equipping health facilities, and ensuring that no mother has to face childbirth alone. Step by step, we are building a future where safer pregnancies and healthier newborns are no longer a distant dream but a reality within reach.



Sustainability at the Core: Working Together with the Governments in Achieving Health Sector Priorities

As Nepal transitioned from a unitary system to federal governance, the health sector underwent significant structural and functional changes. While provincial and local governments have gained clarity on their mandates, opportunities, and challenges, resource limitations and technical capacity gaps remain. FAIRMED has adapted to this evolving context, aligning its programs with the priorities of all three tiers of government to ensure the fundamental right to basic health services for all citizens.

In 2024, FAIRMED engaged extensively with federal, provincial, and local governments across three provinces and nearly 45 municipalities to identify health sector needs. These ranged from developing health policies and improving rural health facilities to addressing health inequities and empowering marginalized communities with health information.



17501

People supported to enroll in government health insurance coverage through project's advocacy and awareness program.



180

Health Facilities were supported with Data Verification of NTDs to ensure accuracy of health information



27

Health Facilities went through Routine Data Quality Assurance for ensuring accuracy of health information in 7 districts.



Published the MMDP data analysis report in Morang District setting a precedent for evidence-based planning in other districts.



Federal Level: FAIRMED supported the Epidemiology and Disease Control Division (EDCD) in developing disease-specific elimination roadmaps for lymphatic filariasis (LF) and leprosy, responding to dengue outbreaks, and conducting LF mass drug administration campaigns in Kapilbastu and Jhapa. We also contributed to organizing morbidity management and disability prevention (MMDP) capacity-building activities and provided critical supplies like Kala-azar kits. Additionally, we provided technical support to develop NTD profile in 7 municipalities for evidence-based planning and budgeting.



Provincial Level: In Bagmati and Koshi Provinces, we collaborated (through technical and financial support) with the Ministry of Health to draft provincial health policies. In Gandaki Province, we collaborated with Ministry of Health/Province Public Health Laboratory to develop a competency-based leprosy diagnosis training manual for medical lab personnel and scaled up health worker training across eight districts. In Lumbini Province, we supported the development and endorsement of self-help group (SHG) formation and mobilization guidelines, which are now set for rollout.

How We do- 5



Local Level: FAIRMED provided technical and management support for annual health review meetings, health sector planning, and budgeting processes in over 70 municipalities. We contributed to building capacity and activating health facility management committees, strengthened minimum service standards, and equipped birthing centers and medical labs with essential supplies.



332

Health Facility Operation and Management Committee members trained based on guideline for promoting good governance of health facilities



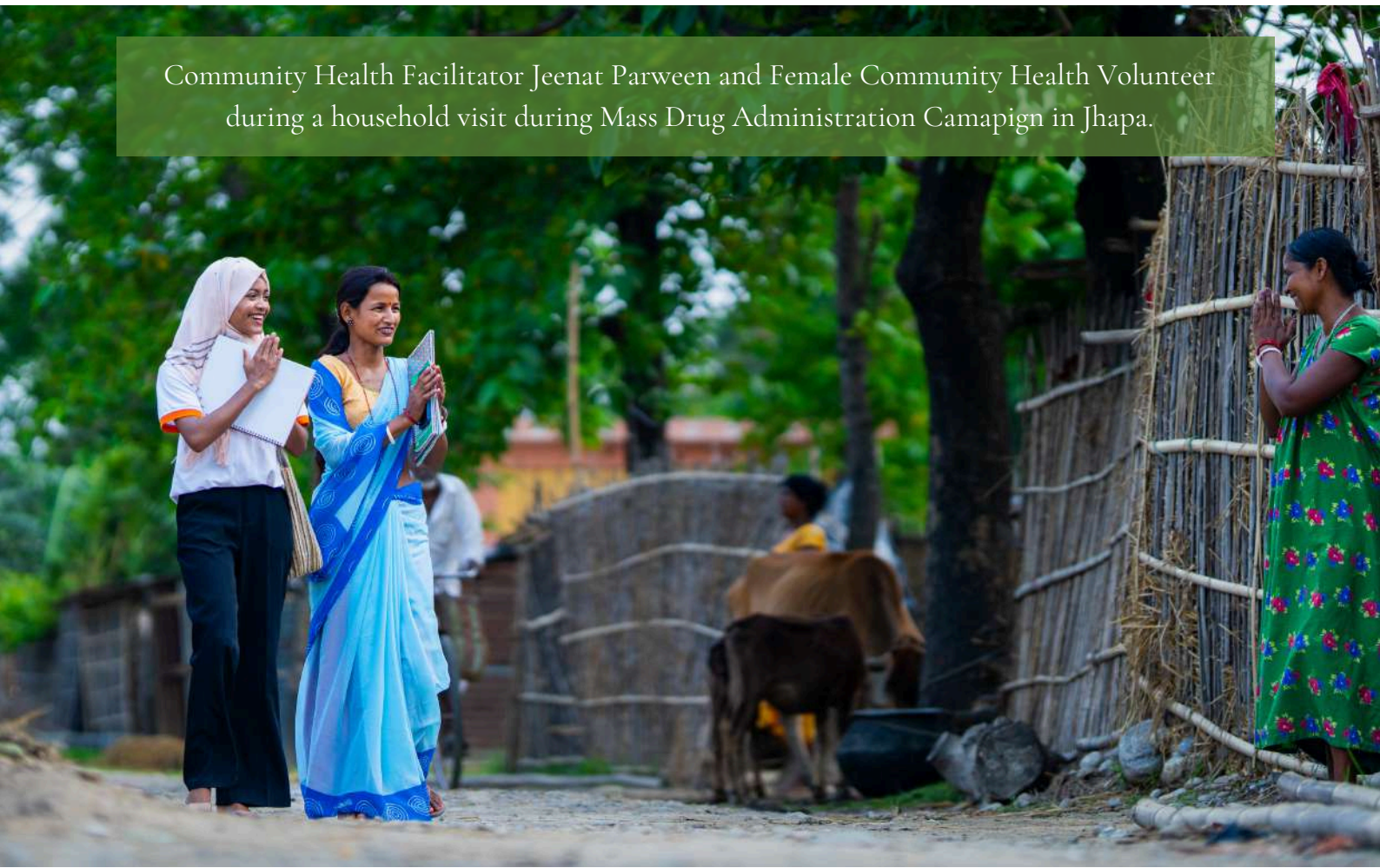
73

Health Facility Operation and Management Committee members, Municipal authorities, health workers went for an exposure visit for observation of good practices

FAIRMED remains committed to supporting the Government of Nepal in achieving national health-related SDG targets, NTD elimination goals, and the priorities outlined in the Nepal Health Sector Strategic Plan (2023-2030). By working closely with governments and vulnerable communities, we are making health services more accessible to those who are often left behind.

Our collaborative approach ensures that health systems are not only strengthened but also sustainable. By aligning with government priorities and building local capacity, FAIRMED is helping to create a future where every individual, regardless of their circumstances, has access to quality health care.

Community Health Facilitator Jeenat Parween and Female Community Health Volunteer during a household visit during Mass Drug Administration Campaign in Jhapa.



Leaving No One Behind: FAIRMED's Journey to Inclusive Health for All

At FAIRMED Foundation Nepal, the Leave No One Behind (LNOB) approach is more than a principle, it's a promise. Rooted in the 2030 Agenda for Sustainable Development,

LNOB ensures that the most marginalized communities are not forgotten. It's about breaking down barriers—economic, social, and political—to create a world where everyone has access to essential health services.

In Nepal, where the government is committed to achieving the Sustainable Development Goals (SDGs) by 2030, FAIRMED has aligned its intervention and approach as well as programs to make this vision a reality. Our programs prioritize marginalized communities, focusing on improving maternal and neonatal health (MNH) and combating neglected tropical diseases (NTDs). By addressing the root causes of exclusion, we are contributing to delivering quality healthcare services and building a fairer, more inclusive society, together with government and communities.



FAIRMED's LNOB approach is transforming lives. It's ensuring that no one is left behind in the journey toward health and dignity. From remote villages to urban slums, we're building a future where everyone, regardless of their circumstances, can access the care they deserve.

- Before launching any project, FAIRMED uses participatory methods to map marginalized communities. We consult with municipal representatives, health workers, and community leaders to define indicators of vulnerability. These include but not limited to low MNH service utilization, high NTD prevalence, poor WASH conditions, and geographic barriers like lack of bridges or long distances to health facilities.
- We rank communities based on their level of marginalization and vulnerability as (mild, moderate and severe exclusion). Advanced GIS technology (QGIS software) helps us create detailed maps, ensuring our interventions are precise and relevant. For example, WASH programs target areas with poor sanitation, while NTD awareness campaigns focus on high-burden regions.



Meet Mahabir Gangai: This Year's Voice of Resilience Against Lymphatic Filariasis

Mahabir Gangai sits outside his house which is in Sunwarsi Municipality, Morang, watching the fields he has worked on for decades. He is 67 now, his body worn but his mind sharp. His eldest son tends to the crops beside him, while his youngest teaches at a nearby school. His wife moves about the house, tending to grandchildren. Life goes on, but Mahabir carries a history in his body that for many may cause inconvenience or unease.

It was the year 1983 AD when his body first turned against him. A fever, then blisters. The local private hospital in Biratnagar offered no answers. Then came the swelling. People began to whisper.

“They said it was leprosy,” “Leprosy was a curse from God. I thought people would stop speaking to me. I thought they would hate me.”

The doctors ruled out leprosy, but that didn't bring relief. He still had no name for what was happening to him. Uncertainty clung to him like the heat of the fields. He decided to go to Kathmandu, a city he barely knew, hoping for an answer.

“In Patan Hospital, Lalitpur, they cleaned my wounds and sent me to Bir Hospital in Kathmandu, both of the hospitals were the big government hospitals of that time. Yet, they didn't know.”

“In Bir Hospital the doctors said they had to send my reports abroad. It would take months,” he recalls. “They asked if I could stay back in the city. I had no money, no family. But I stayed. I had to know.”



Mr. Mahavir Gangai in conversation with FAIRMED's Community Health Facilitator Mr. Naresh Kumar Singh

Months passed before the answer came—
Lymphatic Filariasis. A name, finally. But
knowing didn't change the reality.

*“I was a farmer. My body was my tool.
And now they told me my leg would
swell, that I wouldn't be the same.”*

“What was I supposed to do?”

Years have gone by. His leg is covered in deep
wounds, the kind that makes people look
away. But Mahabir still works in the fields,
alongside his eldest son. He hopes to see his
youngest son married soon, another chapter
closed, another responsibility met.

In his village, things have changed. Naresh
Singh, a community health facilitator, now
educates people about LF. Mahabir watches
him with quiet amusement.

*“He was a little boy when I first saw
him, running around in his underpants.
Now he's a health worker. Feels like my
own son is taking care of me,” he says
with a smirk.*

Despite everything, Mahabir holds no anger.
He has seen the world shift in ways he never
expected. What matters to him is simple.

*“Nobody should hate anyone. Even
animals don't do that. We are humans—
how can we treat each other like this?”
he says. “Who asks for disease? No one.
But it comes. And when it does, all we
have is how we treat each other.”*

Mahabir Gangai does not look for pity. He
does not ask for admiration. He simply exists
as he always works, enduring, believing that
kindness is what makes a person truly human.



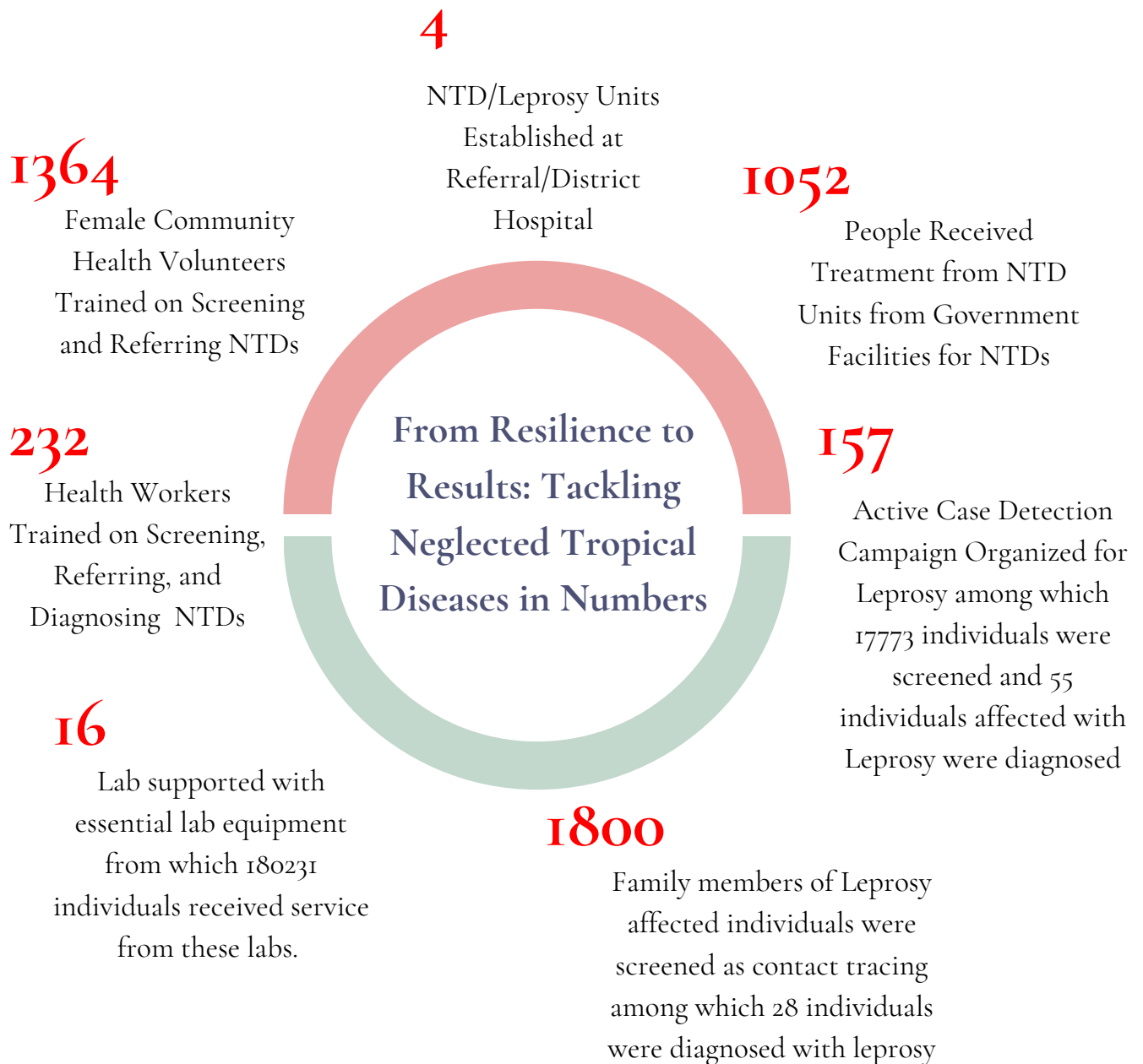
Naresh Kumar Singh along with Local Health Facility InCharge at the left side and Female Community Health Volunteer on the right side of Mr. Mahavir Gangai and Naresh Kumar Singh

Naresh Kumar Singh,
Community Health Facilitator



Mahabir has witnessed change in his village, and part of that change comes through people like Naresh Kumar Singh, a Community Health Facilitator at BISWAS project. Naresh, 42, from Sunwarsi-9 Dainiya, Morang, was once a teacher, but his calling to serve the community led him to public health. His mother, a nurse at Dainiya Health Facility, passed away during COVID, and Naresh now carries forward her dream by connecting people affected by leprosy and LF to health services. He conducts self-care training, monitors women's groups, and supports marginalized communities.

The job is not easy. Convincing people to seek treatment is an uphill battle, and a single bad experience at a health facility can undo months of trust-building. Yet, Naresh remains undeterred, visiting homes, ferrying patients on his bike, and even bringing health workers to them when needed. "It's frustrating when people call me a fraud after I try so hard," he admits, "but I can't give up." Through facilitators like Naresh, FAIRMED with its partner Sahara Nepal, is bringing healthcare to the doorsteps of those who need it most, bridging the gap between seekers and providers with tireless dedication.



Self Help Group from Kotaimai Rural Municipality discussing self-care techniques to take care of the wounds caused by NTDs



What we did- 11

Senior Auxiliary Nurse
Midwife Ms. Sweta
Chaudhary with a newly
born baby at Guthipura
Birthing Center

A Safe Heaven for Mothers:
The Story of Guthisuryapura
Birthing Center

Senior Auxiliary Nurse
Midwife Ms. Sweta
Chaudhary at Guthisuryapura
Birthing Center



In April 2023 (2080 Baishak), the Guthisuryapura Health Facility in Pratappur-7, Nawalparasi, established a birthing center for the expecting mothers for Pratappur.

Supported by the project, the center was provided with essential equipment, including a baby warmer machine, to ensure safe maternal and neonatal care. This initiative was a steady step taken toward reducing home deliveries and improving maternal health outcomes in the community.

Since its inception, the birthing center has witnessed 88 successful deliveries, with 13 occurring in just the first half of September 2023. By the end of the year, the center is expected to surpass 100 deliveries. Sweta Chaudhary, the Senior Auxiliary Nurse, proudly shares that every delivery has been smooth, reflecting the center's commitment to quality care.

Before the birthing center was established, 32 home deliveries were recorded in the previous year. At present, Ward-5 has achieved zero home deliveries, and neighboring wards are on the same path. The availability of a free ambulance service has been an additional support, ensuring that mothers can reach the facility safely and return home comfortably after delivery. Complicated cases, such as those involving low birth weight or other neonatal issues, are referred to Prithvi Chandra Hospital with seamless coordination. Health workers counsel families, inform the hospital in advance, and follow up to ensure the well-being of both mother and baby.

Additionally, families receive NPR 1,000 through the Indreni Samajik Bikash Kosh to support referral-related expenses.



New Mother at Guthisuryapura Birthing Center

The Guthisuryapura Health Facility felt like a community of women caring for women. It's a place where mothers feel safe, supported, and celebrated during one of the most important moments of their lives. The center has become a symbol of hope, proving that accessible and compassionate maternal care can transform lives and communities.

What we did- 13

The impact of the birthing center goes beyond numbers. One mother, who delivered her baby just a day before, shared her joy. She expressed how grateful she was for the nearby facility, which made her delivery experience stress-free and convenient. Her sentiment is echoed by the female staff. This sense of trust and familiarity has created a unique bond within the community.



New Mother's family member at Guthisuryapura Birthing Center



Health Workers at the Guthisuryapura Birthing Center with Health InCharge, Mr. Kaushal Kumar Yadav (second from the right).

From Stories to Statistics: Transforming Maternal and Neonatal Health in Numbers



21607

Expecting mothers/New mothers and New Borns Reached



66

Health Facility Supported with equipment for the birthing centers



5953

Institutional Deliveries from project supported health facilities



5066

Female Community Health Volunteers Reached with different programs related to MNH



183

Health Workers Trained on Maternal and Neonatal Health



Inclusive Care: Empowering People Affected by Disabilities and Neglected Tropical Diseases



At FAIRMED, we believe that health care is a fundamental right for everyone, including those affected by disabilities and neglected tropical diseases (NTDs). Diseases like leprosy and lymphatic filariasis (LF) often lead to life-long disabilities, leaving individuals marginalized and vulnerable. Through our programs, we provide comprehensive care and rehabilitation for people affected by NTDs, while also embracing the Leave No One Behind (LNOB) principle to ensure that no one is excluded from accessing health services.

Our Approach



Holistic Care from Screening, Referral, Diagnosis, Treatment, Social Rehabilitation



Empowerment through Self-help Groups



Inclusive Health Services



Awareness and Advocacy



Rebuilding Lives: FAIRMED's Disaster Response in Sindhupalchowk

Natural disasters strike without warning, leaving communities devastated and vulnerable. For marginalized populations already struggling with poverty and limited resources, the impact is even more severe. FAIRMED recognizes the urgent need to support disaster-affected communities, not only by providing immediate relief but also by helping them rebuild their lives with dignity and resilience.

Landslide in Sindhupalchowk: A Community in Crisis

On September 28, 2024, a devastating landslide hit Sindhupalchowk, causing widespread destruction. 47 households were completely destroyed, 65 were partially damaged, and 76 remained at risk.

Two health institutions were also identified as highly vulnerable. The disaster left families without shelter, food, or warm clothing, exacerbating their vulnerabilities as harsh weather conditions approached.



Relief material handover to affected families

FAIRMED's Immediate Response

In collaboration with the District Disaster Management Committee (DDMC) and local governments, FAIRMED swiftly stepped in to provide critical support:

- Immediate Relief: Supported 13 families (35 individuals) in Indrawati and Sunkoshi Rural Municipalities with food supplies and bedding.
- Relief Materials: Distributed winter clothing, educational materials, dignity kits, kitchen sets, and bedding to 45 households (213 individuals) across Sunkoshi, Indrawati, Jugal, and Chautara Sangachokgadhi Municipalities.
- Temporary Shelters: Committed to constructing 26 temporary shelters for affected families.

A Story of Hope: Dal Bahadur's Family



Dal Bahadur's house destroyed by the landslide.

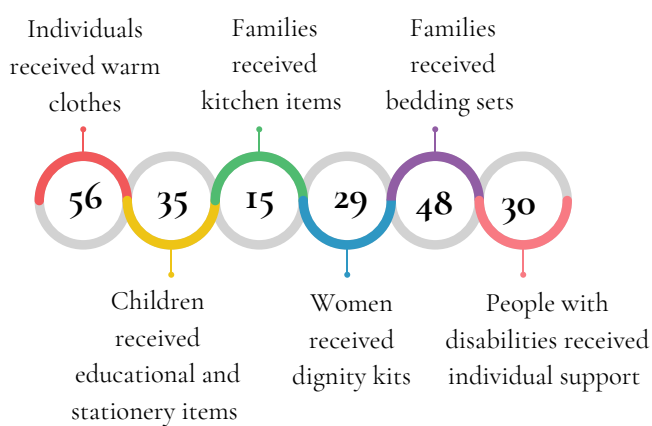
"This support has given us hope to rebuild our lives," Dal Bahadur shared gratefully.

Dal Bahadur Tamang, a 40-year-old from Chautara Sangachokgadhi, lost his home in the landslide. With his elderly mother, wife, and three young children, he sought refuge in a nearby church. FAIRMED provided his family with kitchen sets, bedding, and educational materials for his children.



Relief material handover to Dal Bahadur Tamang

Our Support in Quantities



Long-Term Rehabilitation

FAIRMED is also addressing shelter needs to ensure sustainable recovery for the affected communities. This includes constructing a retention wall to protect the Lisankhu Health Post in Lisankhupakhar Rural Municipality, safeguarding a critical health facility from future disasters. Additionally, we are continuing the construction of temporary shelters to provide safe and secure housing for families who lost their homes, helping them rebuild their lives with dignity and stability. These efforts reflect our commitment to not only immediate relief but also long-term resilience and recovery.

Who Makes it Possible for Us



Our Donors



Our Team



Our Partners



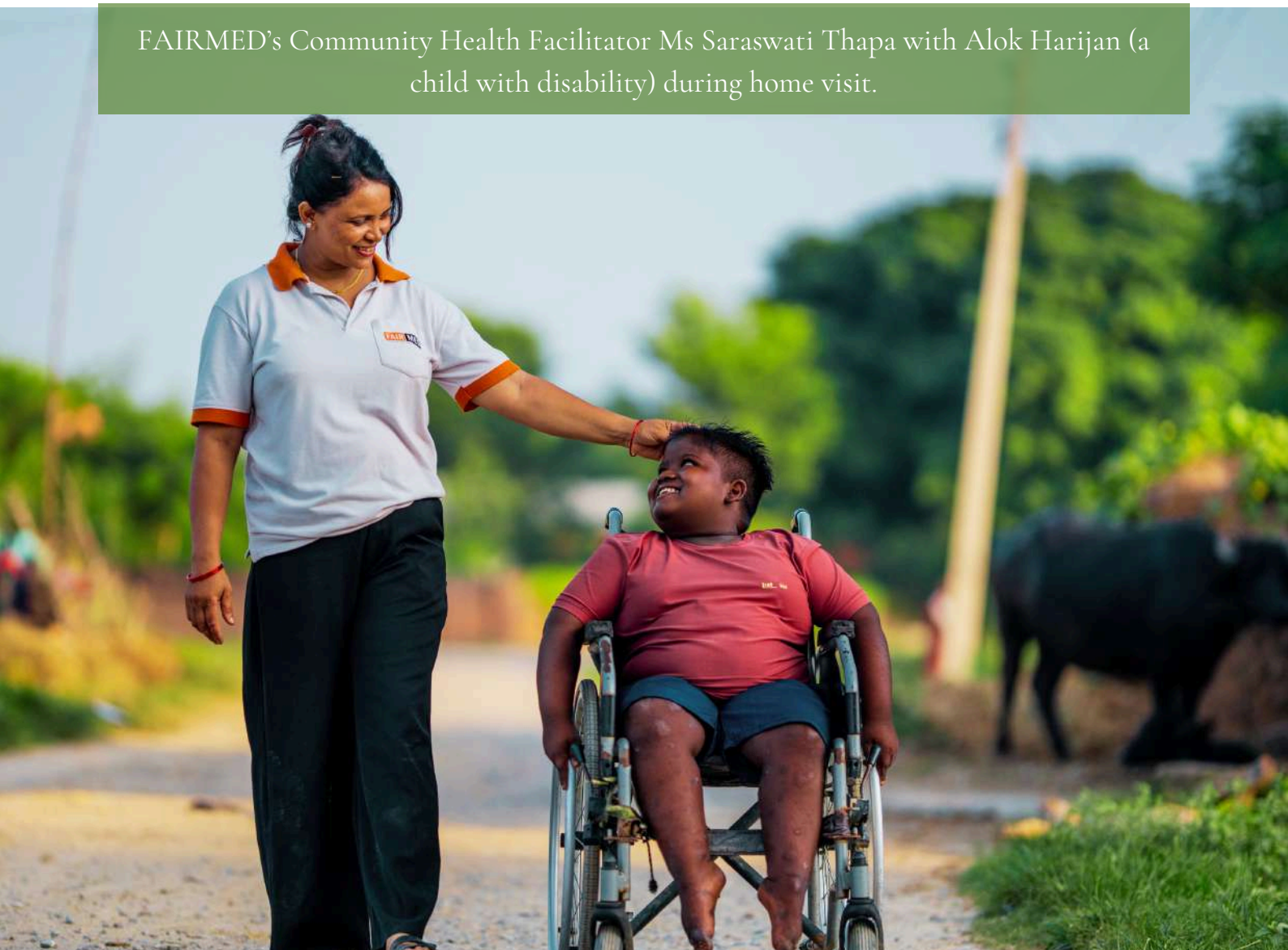
Government



Our Communities

Our work is a shared journey, made possible by the collective efforts of five essential pillars: our generous donors, whose belief in equitable health care fuels our mission; our dedicated team, whose expertise and passion drive our programs forward; our invaluable partners, who bring our vision to life on the ground; the governments, whose commitment to strengthening health systems amplifies our impact; and the communities we serve, who trust us, collaborate with us, and inspire us every day. In this section, we celebrate the voices and stories of these incredible contributors—because it is together that we create lasting change.

FAIRMED's Community Health Facilitator Ms Saraswati Thapa with Alok Harijan (a child with disability) during home visit.





Our Donors like Hanna

Our work to combat neglected tropical diseases, improve maternal health, and ensure equitable care is made possible by the unwavering support of our donors. These compassionate individuals and organizations believe in a world where health care is fair and accessible to all, no matter where they live. Among these incredible supporters is Hanna Burri, whose dedication and generosity since 1998 have been a shining example of commitment to this cause.

A Legacy of Care: Hanna Burri

Nestled in the serene mountains of rural Bern, lives Hanna Burri. At 90 years young, Hanna is a retired farmer whose hands have nurtured both the land and a deep-seated passion for helping others. Since 1998, Hanna has been a steadfast supporter of our organization, driven by a simple yet important belief: everyone deserves the chance to live in good health.

Hanna's journey with us began over two decades ago, when she first learned about our work combating neglected tropical diseases and improving maternal health. Having always enjoyed good health herself, Hanna felt a strong calling to ensure that others, especially those in vulnerable communities, could experience the same vitality and well-being. "Good health is a gift," she often says, "and it's one that should be shared."



Living a modest life in her mountain home, Hanna has consistently contributed to our mission and the spirit of generosity and compassion. Her support has helped fund critical interventions—from training health workers and building clinics to empowering communities to take charge of their own health.

For Hanna, it's more than giving; it's about creating lasting change. "When you help someone live healthier, you're not just changing their life today," she reflects. "You're giving them a future." Hanna's dedication over the past 25 years reminds us that no matter where we are or what we have, we can all play a part in building a healthier, more equitable world. As we celebrate her incredible legacy, we are inspired by her vision and commitment of health being the right for all.

Thank you, Hanna, for being our hope and a true champion of health. Your support has touched countless lives, and your legacy will continue to grow, just like the seeds you once planted in the fields of Bern.



A Decade of Determination and Transforming Lives with Passion and Purpose



Shashi Kumar Lal Karna
Team Leader, Essential
Health Project

As I look back on my 10-year journey with FAIRMED Foundation Nepal, I am overwhelmed with gratitude and inspiration. It has been a decade of challenges, learning, and transformative changes, not just for the communities I serve, but for me as an individual.

When I joined FAIRMED in 2014 as the sole staff member in Kapilvastu, I never imagined how deeply this work would shape me or how far we would come together.

The Kapilvastu of 2014 was a place of multiple challenges. With 91% of deliveries taking place at home, maternal and neonatal deaths were heartbreakingly high. The statistics kept me thinking for nights, fueling my resolve to make a difference. The MANSHI project became a source of hope. Over five years, we witnessed a remarkable shift as institutional deliveries increased, significantly improving maternal and child health. These changes weren't just numbers; they were lives saved, futures secured, and families uplifted.

I vividly recall the early days when resources were scarce, and every small step felt like moving mountains. Kapilvastu, often labeled a "difficult" district, proved to be my greatest teacher. Amid language barriers and cultural nuances, I immersed myself in the community, learning Abadhi to connect better with the people. I realized that change is a two-way street—it requires listening, learning, and engaging deeply. Kapilvastu, the land of Gautam Buddha, taught me patience, perseverance, and the power of compassion.

One memory stands out vividly: the day the first baby was born at the Bhagwanpur Birthing Centre we helped establish. It was a moment of pure joy and validation. The baby girl was named Manshi Yadav after our project, a reflection of the impact we were able to make in the community.

At central to our work is a team of passionate individuals who bring expertise, creativity, and dedication to our mission. From designing innovative programs to navigating complex challenges, our team works tirelessly to ensure that our interventions are impactful, sustainable, and rooted in the needs of the communities we serve.

In this section, hear directly from our team members as they share their experiences, challenges, and the moments that remind them why they do what they do.

In 2019, as FAIRMED shifted its global strategy to focus on Neglected Tropical Diseases (NTDs), new challenges emerged. The word "neglect" resonated deeply—not just at the level of diseases, but in societal attitudes, government priorities, and even personal perspectives. The stigma and

discrimination faced by those with NTDs were disheartening, yet they strengthened my resolve. We started from scratch, developing training manuals and behavior change communication materials. We built expertise, formed 43 self-help groups, and secured the Ministry of Health's endorsement of NTD guidelines.

One of the proudest milestones in this journey was establishing the NTDs unit at the Province Referral Hospital in Butwal. For years, individuals affected by leprosy and other NTDs had to travel to distant cities for treatment, often at great personal and financial cost. Seeing the hospital now provides comprehensive NTD services fills me with hope and pride.

Today, FAIRMED is recognized as a focal organization for NTDs at the federal, provincial, and local levels. Our acknowledgment by WHO, ILEP, and NNN motivates me to dream bigger and innovate further.

This journey has been more than a just job; it has been my calling. I have learned that passion, paired with relentless determination, can overcome even the greatest challenges.

The communities we serve inspire me daily with their resilience and strength. I remain committed to this cause, fueled by the belief that together, we can create a future where no one is left behind.

Looking ahead, I carry the lessons of the past decade as a reminder of what is possible when we dare to believe in change. This journey has not only transformed Kapilvastu and neighboring districts—it has transformed me. And for that, I am deeply grateful.



Our Partners

Behind every program we develop and every initiative we launch stands a network of dedicated partners who bring our vision to life in the field. These are the local organizations, health workers, and community leaders in our working districts who work tirelessly to implement our programs on the ground. Their deep understanding of local contexts, cultures, and challenges ensures that our interventions are not only effective but also sustainable. Together, we are building stronger health systems, empowering communities, and creating lasting change.

Mahendra Pandey

Chairman, Indreni Rural Development Centre Nepal, Rupandehi

Working with FAIRMED has been a positive and collaborative experience for Indreni Rural Development Centre (IRDC) Nepal. FAIRMED's supportive approach, including joint planning, quarterly review meetings, and consistent backstopping, has been instrumental in the project's success. Collaboration with governments and stakeholders further amplified the impact of our work.

While a minor change in human resources posed a temporary challenge, FAIRMED's support ensured a smooth resolution. Key best practices included forming and strengthening self-help groups (SHGs), facilitating the endorsement of SHG guidelines by local governments, and empowering individuals for self-care and self-employment.

For future improvement, training for board members could enhance engagement with governments and stakeholders.

The partnership has built long-term change, including SHG empowerment, reduced stigma around neglected tropical diseases (NTDs), and institutional development through endorsed guidelines.

Additionally, NTDs have gained recognition in local planning and budgets, and efforts toward zero home deliveries have been prioritized, creating lasting impact in the community.

Hom Raj Kunwar

Chairman, Indreni Social Development Forum, Nawalparasi

FAIRMED has effectively collaborated with local governments to implement impactful programs, fostering ownership and sustainability. By supporting capacity development and facilitating health policies, FAIRMED has strengthened local partners and improved health sector standards.

Challenges like limited access to rehabilitation centers and treatment discontinuation persist, but best practices such as mutual funding, FCHV mobilization, and advocacy for integrated NTD and MNH services have driven positive change.

To enhance impact, FAIRMED aims to increase program flexibility, boost support for Self-Help Groups, and strengthen contact tracing for leprosy. Empowering persons with disabilities and raising NTD awareness in underserved areas remain priorities.

Community involvement and strong partnerships are key to ensuring sustainable, inclusive health initiatives.

As we publish the 2024 Annual Report, we celebrate the successful implementation of the Essential Health Project (EHP) in Nawalparasi. We extend our gratitude to the EHP team, local partners like Indreni Social Development Forum, and the communities we serve. Their dedication and collaboration have been instrumental in achieving our goals. Together, we are creating lasting, positive change and ensuring that no one is left behind.



तोयानाथ गौतम अध्यक्ष विवाईसी, बागलुङ



ग्रामीण स्वास्थ्य सुधार परियोजना विवाईसी, बागलुङ र फेयरमेड फाउण्डेसन नेपालको साझेदारीमा बागलुङ जिल्लामा सन् २०१८ बाट सन् २०२४ सम्म सञ्चालनमा रह्यो । प्रारम्भमा बागलुङको तीनवटा पालिकाबाट सुरु भएको कार्यक्रम त्यसपछि बागलुङ जिल्लाका १० वटै पालिकाहरूमा सञ्चालन भयो । कार्यक्रम सञ्चालनका क्रममा फेयरमेड फाउण्डेसन नेपाल, बागलुङमा रहेर साथै कन्द्री कार्यालय काठमाण्डौबाट समेत परियोजनाको पूर्ण र सफल कार्यान्वयन लागि महत्वपूर्ण साथ र सहयोग प्राप्त भयो । यस संस्थाको संस्थागत विकासका लागि फेयरमेड फाउण्डेसन सँग विभिन्न मोडालिटीहरूमा महत्वपूर्ण साझेदारी गर्ने सुअवसर प्राप्त भयो, जसको लागि फेयरमेड नेपाल तथा स्विट्जरल्याण्डलाई हार्दिक धन्यवाद तथा कृतज्ञता व्यक्त गर्दछौं जसको विश्वासका कारण हामीहरूलाई स्वास्थ्य सेवाको सुधारका लागि ग्रामीण क्षेत्रमा कार्य गर्ने अवसर प्राप्त भयो । परियोजना कार्यान्वयनका क्रममा स्वास्थ्य कार्यालय बागलुङ, प्रदेश जनस्वास्थ्य कार्यालय, स्वास्थ्य तालिम केन्द्र, गण्डकी प्रदेश यस जिल्लाका सबै पालिका, पालिकाको स्वास्थ्य शाखा तथा अन्य विषयगत शाखाहरू, वडा कार्यालय, स्वास्थ्य संस्थाहरू, स्वास्थ्य चौकी सञ्चालन तथा व्यवस्थापन समितिका अध्यक्ष, लगायत सम्पूर्ण सरोकारवाला निकायहरूबाट महत्वपूर्ण साथ र सहयोग प्राप्त भयो, जुन हाम्रो लागि ग्रामीण क्षेत्रमा रही स्वास्थ्य सेवामा साझेदारी गरी परियोजनालाई सफल तुल्याउन अत्यन्तै उत्साहप्रद रह्यो ।

झट्ट हेर्दा बागलुङ जिल्ला धेरै नै सुगम होला भन्ने लाग्छ, तर यसको धेरैजसो क्षेत्र ग्रामीण भू-भागहरूले घेरिएको शिक्षा र जनचेतनाको व्यापक अभावका कारणले समग्र स्वास्थ्य क्षेत्र सोचेजस्तो विकास भएको छैन, अझै पनि धामी, झाँक्री, अन्धविश्वास जस्ता सामाजिक अस्वस्थताले जरा गाडेको, स्वास्थ्य सचेतनाको अभावले कैयौँ ग्रामीण भेगमा बस्ने आम नागरिकहरूको स्वास्थ्य अवस्था उत्कृष्ट छैन ।

हामीले विवाईसी, बागलुङ मार्फत सञ्चालन गरिने थुप्रै परियोजनाहरूबाट पनि थुप्रै सचेतनाका कार्यक्रमहरू सञ्चालन गर्ने गर्छौं । यसै सन्दर्भमा ग्रामीण स्वास्थ्य सुधार परियोजना मार्फत व्यापक स्तरमा LNOB अप्रोचलाई आत्मसाथ गरी परियोजनाका सम्पूर्ण क्रियाकलापहरू सञ्चालन गरेर विगतको सामाजिक सांस्कृतिक अवस्था भन्दा अहिले सामाजिक संरचनामा सुधार गर्न सफल भएका छौं ।

ग्रामीण स्वास्थ्य सुधार परियोजना मार्फत समग्र जिल्लामा खास गरेर उपेक्षित उष्ण प्रदेशीय रोगहरू, मातृ तथा नवजात शिशु स्वास्थ्य, अपाङ्गता, लैङ्गिक समानता, सामाजिक न्याय तथा सामाजिक समावेशीकरण जस्ता मुख्य थिम्याटिक एरियालाई समेटेर परियोजनाहरूका गतिविधिहरू सम्पन्न भए ।

कार्यक्रम सञ्चालन गर्दा हामीले थुप्रै महत्वपूर्ण अवसरहरू र अनुभवहरू प्राप्त गर्छौं जस्तै बागलुङ जिल्लामा भएका आम नागरिकहरूसँगको विगतको सम्बन्धमा थप नयाँपन दिन सक्यो, BYC Baglung र अन्य निकायहरूसँगको सम्बन्ध विश्वसनीय, गुणस्तरीय र दिगो हुन पायो । बागलुङ जिल्लामा रहेर परियोजनाको सफल कार्यान्वयन गर्दै गर्दा परियोजनाका गतिविधिहरू सञ्चालन गर्नका लागि हामीलाई कुनै पनि किसिमका अवरोधहरूको सामना गर्नु परेन । सेवाग्राही तथा अन्य पक्षहरूबाट हामीलाई निरन्तर सहयोग रह्यो, परियोजनाको सफल कार्यान्वयनको लागि फेरमेड फाउण्डेसन बागलुङबाट योजनावद्ध तरिकाले हामीलाई मार्गनिर्देश प्राप्त भयो कार्यक्रमको सफलताको लागि तहाँको योगदानको मुक्त कण्ठले प्रशंसा गर्दछौं ।

कुनै पनि विषयमा प्रक्रियागत त्रुटिहरू हामीले झेल्नु परेन, जसले गर्दा हरेक गतिविधिहरूलाई समयमा नै गुणस्तरीय तरिकाले सम्पन्न गर्न सक्यौं, जुन हाम्रो लागि गौरवको कुरा हो ।



यस परियोजना मार्फत स्थानीय स्वास्थ्यकर्मी, स्वास्थ्य चौकी सञ्चालन तथा व्यवस्थापन समिति, सामुदायिक महिला स्वास्थ्य स्वयंसेविका, स्वास्थ्य आमा समूह तथा स्थानीय स्तरमा, जिल्ला स्तरमा र प्रदेश स्तरमा नै स्वास्थ्य र स्वास्थ्य सँग सम्बन्धित औपचारिक तथा अनौपचारिक संयन्त्रहरूलाई स्वास्थ्य सचेतना तथा यससँग सम्बन्धित महत्वपूर्ण जिम्मेवारीहरूका सम्बन्धमा सचेत र थप जिम्मेवार बनाउनको लागि महत्वपूर्ण साझेदारी गरेको थियो । स्थानीय नगरपालिका तथा गाउँपालिका, जिल्लाका संयन्त्रहरू आम नागरिकहरूसँग समेत आर्थिक तथा प्राविधिक लगायत थुप्रै आयामहरूमा महत्वपूर्ण साझेदारी गरी गाउँघर खोप क्लीनिक, प्रसूति प्रतीक्षा घर, प्रयोगशाला, बर्थिङ सेन्टर लगायतका महत्वपूर्ण स्वास्थ्य संयन्त्र निर्माणसँग सम्बन्धित कार्यकालागि अर्थपूर्ण साझेदारी गरी परियोजनाले महत्वपूर्ण उपलब्धि हासिल गरेको छ । स्वास्थ्य क्षेत्र सँग सम्बन्धित महत्वपूर्ण औजार, उपकरण तथा असल अभ्यासहरूलाई स्वास्थ्यकर्मी सँग जोड्नका लागि यस परियोजनाले सघन सामाजिकरण गराएको छ । जसका कारण हाल गुणस्तरीय औजार तथा उपकरणको प्रयोगले महत्वपूर्ण स्थान पाएको छ ।

स्वास्थ्य र स्वास्थ्यका उपकरणहरूमा कुनै पनि किसिमको सम्झौता गर्नु हुँदैन भन्ने मान्यताले मान्यता पाएको छ, जुन हाम्रो लागि गर्वको कुरा हो, जसले गर्दा भविष्यमा थप विश्वसनीय सेवा प्राप्त गर्न आम नागरिकहरू सफल हुनेछन् भन्ने विषयमा विवाइसी बागलुङ विश्वस्त छ । परियोजनाको अवधि भरमा बागलुङ जिल्लामा बर्थिङ सेन्टर, न्यूबर्न कर्नर, प्रयोगशाला, प्रसूति प्रतीक्षा घर, गाउँ घर खोप क्लिनिक निर्माण तथा गुणस्तरीय सेवा प्रवाह गर्न योग्य बनाउनका लागि सम्बन्धित निकाय सँग महत्वपूर्ण साझेदारी गर्नुका साथै बागलुङ जिल्लाका अधिकांस विद्यालयहरूमा विद्यालय स्वास्थ्य शिक्षा कार्यक्रम, ग्रामीण वस्तीहरूमा थुप्रै स्वास्थ्य सचेतनाका क्रियाकलापहरू, दर्जनौं स्वास्थ्य शिविरहरूबाट हजारौं मानिसको स्वास्थ्य सुधारमा प्रत्येक्षरुमा महत्वपूर्ण साझेदारी गर्नका लागि हामीलाई अवसर प्राप्त भयो ।

यद्यपि परियोजनाले महत्वपूर्ण प्रगति हासिल गर्‍यो, विभिन्न सरोकारवालाबीच समन्वय र सञ्चारलागि केही चुनौतीहरू को पनि सामना गर्नुपर्‍यो ।

कर्मचारीहरू अर्थात् सरकारी संयन्त्रमा हुने कर्मचारी सरुवा, नीति निर्माणमा भएको ढिला सुस्ति, प्रशासनिक ढिला सुस्तीहरू, स्वास्थ्यकर्मीहरूको पर्याप्त उपलब्धता नरहनु, सरकारी संयन्त्र, सरकारी स्रोत र साधनको उचित बाँडफाडमा समस्या देखिनु, खास गरी दुर्गम क्षेत्रहरूमा स्वास्थ्यकर्मी र पूर्वाधारमा सीमितता जस्ता कारणहरूले कार्यक्रम कार्यान्वयनका क्रममा केही चुनौतीहरू देखापरे । समग्ररूपमा विगतको स्वास्थ्य अवस्था र हालको स्वास्थ्य अवस्थालाई विश्लेषण गर्दा ग्रामीण स्वास्थ्य सुधार परियोजना मार्फत सञ्चालित कार्यक्रमहरूले स्वास्थ्य क्षेत्रको स्तरोन्नतिमा धेरै सहयोग गरेको कुरा जिल्ला स्थित पालिकाहरूको प्रगति प्रतिवेदन, स्वास्थ्य कार्यालय बागलुङको प्रतिवेदन तथा समग्र रूपमा गण्डकी प्रदेशमा बागलुङ जिल्लाको स्वास्थ्य अवस्थालाई हेरी विश्लेषण गर्दा थाहा पाउन सकिन्छ । यति हुँदाहुँदै पनि तुलनात्मक रूपमा नेपालका अन्य जिल्लाहरूको तुलनामा बागलुङ जिल्लामा अझै स्वास्थ्य क्षेत्रका क्रियाकलापहरूमा बढी जोड दिनु आवश्यक छ ।

खास गरी स्थानीय आवश्यकताहरूको विश्लेषण तथा आपत्कालीन अवस्थाको लागि विशेष ध्यान दिनु आवश्यक छ । साथै बागलुङ जिल्लाको स्वास्थ्य प्रणालीको रिपोर्टिङ सिस्टमका लागि धेरै सुधार गर्नुपर्ने आवश्यक छ । स्वास्थ्य संस्था र स्वास्थ्यसँग सम्बन्धित जनशक्तिको क्षमता अभिवृद्धिका लागि महत्वपूर्ण प्रणालीको स्थापना गरी महत्वपूर्ण साझेदारी गर्न आवश्यक छ । भौगोलिक विकटता र सामाजिक परिचालनका लागि खटिने कर्मचारीहरूको सङ्ख्या तथा जिल्लामा रहेका आम नागरिकहरूको उपस्थितिले सामाजिक परिचालन तथा सचेतनाका क्रियाकलापहरू उल्लेख्य मात्रामा सञ्चालन गर्न सकिएन यदि त्यसलाई व्यवस्थापन गर्न सकेको खण्डमा परियोजनाले धेरै आम जनताहरूलाई स्वास्थ्य सेवाका सम्बन्धमा व्यापक सचेतना बढाउन सक्ने हुन्थ्यो भनेर हामी विश्वास गर्न सक्दछौं ।



Government Partners



Anju Devi Thapaliya
Acting Chairperson
Jhapa Rural
Municipality

I am truly impressed with the support and collaboration of the BISWAS Project, implemented by Sahara Nepal and funded by FAIRMED. This project has been instrumental in empowering our community and improving their health outcomes.

Thanks to the project's efforts, our Female Community Health Volunteers (FCHVs) and mothers are now well-informed about Neglected Tropical Diseases (NTDs) and Maternal and Neonatal Health (MNH) issues. Additionally, our health workers have received valuable training on NTDs and MNH, marking a significant contribution from the project.

The project has also played a crucial role in establishing and strengthening Birthing Centers by providing essential equipment, delivery beds, and training for Skilled Birth Attendants (SBAs) and Routine Ultrasound Scanning (RoUSG). This support has greatly enhanced the quality of maternal and neonatal care in our community.

I am now witnessing positive changes in the health-seeking behavior of our community, with more people accessing quality services for safe deliveries and effective treatment of Neglected Tropical Diseases (NTDs), including self-care services. The project has also supported income-generating activities for the most vulnerable, providing seed funds, bed nets, and assistive devices to individuals affected by leprosy and lymphatic filariasis (LF).

The government plays a pivotal role in ensuring the success and sustainability of our programs. Through close collaboration with local and provincial authorities, we have worked together to strengthen health systems, improve service delivery, and promote equitable access to care. Their commitment to ownership and accountability has been instrumental in scaling our impact and embedding our interventions within existing structures. In this section, we hear from government representatives who share their perspectives on this partnership and its transformative outcomes.

The BISWAS Project has fostered excellent collaboration with our municipality, the health section, and other relevant departments. As a result, the municipality has allocated funds and recruited nursing staff and a lab assistant to ensure the effective operation of the Birthing Center and lab services. The project has further strengthened these efforts by providing training for Skilled Birth Attendants (SBAs), Routine Ultrasound Scanning (RoUSG), and slit skin smear testing. Thanks to this support, we can now offer round-the-clock quality health services for NTDs, maternal and neonatal health (MNH), and disability prevention.

I would like to extend my heartfelt gratitude to the BISWAS Project and its team for their invaluable contributions. Our municipality, which borders India, faces significant challenges due to the socio-economic backwardness of the majority of its population. Issues such as the risk of NTDs, poor hygiene and sanitation, home deliveries, and limited access to health services due to poverty persist. Therefore, I strongly advocate for the continuation of the BISWAS Project's support for a few more years. I look forward to further effective collaboration in the coming days to address these challenges and improve the health status of our community.

Introducing the Soch Series

At FAIRMED Foundation, our strength lies in the people who drive our mission of “Health for the Poorest.” The Soch Series is an initiative to document the untold stories, principles, and philosophies of those who have shaped our journey. Through this series, we celebrate the individuals whose work, attitude, and values have left a lasting impact on our organization. In this first edition, we feature Mr. Deepak Kumar Upadhyaya, former Head of Finance and Operations, whose leadership and dedication have inspired us all. Join us as we explore his insights and experiences and honor the people who make FAIRMED what it is today. Welcome to the Soch Series—a tribute to the minds and hearts behind our mission.



FAIRMED Soch Series: Interview with Mr. Deepak Kumar Upadhyaya
Head of Finance and Operations
from December 2021 – December 2024

? Mr. Deepak, thank you for joining us for the inaugural edition of the Soch Series. To begin, could you share your overall experience working at FAIRMED?

✓ Thank you for having me. I joined FAIRMED on 1st December 2021 and left in December 2024, serving as the Head of Finance and Operations. FAIRMED was way ahead when it came to program and working for people in the community and was making the difference. We hired finance officers in the project and started managing the team where my focus was on team building within the finance team.

? That's interesting. How did you go about building that team spirit in finance department?

✓ It was a step-by-step process. First, I introduced weekly team meetings and updates in the group. Alongside this, I held one-on-one catch-up sessions to understand individual issues. I encouraged people to speak up and share their thoughts. Frequent interactions helped break down barriers. I made sure people saw me as a colleague and a friend. I sat with my team in a single room. This approach helped me understand their personal issues and find ways to support them.

? You mentioned promoting the idea of prioritizing tasks. Could you elaborate on that?

✓ Absolutely. I believe that more than just working hard, people need to learn how to prioritize tasks. To facilitate this, I organized weekly catch-up meetings to discuss priorities and ensure everyone was on the same page. I also made it a point to come to the office early to complete my tasks so that I could dedicate the rest of my day to supporting my colleagues. Listening to their concerns without dismissing them was crucial. I believe that listening is one of the most important attributes of a leader.

❓ **What would you consider your biggest achievement at FAIRMED?**

- ✔ My biggest achievement was earning the trust of my finance team. They didn't just see me as their supervisor but as a guardian. I feel I was able to motivate them and support my team.

Another significant initiative was the global finance team meeting, which I started. It brought together colleagues from all the countries where FAIRMED operates. Ursula, our leading lady, even thanked me for initiating this platform. It created a space for learning, sharing, and exploring new opportunities. In fact, it was through this platform that I got the chance to visit Switzerland.

❓ **As you move on from FAIRMED, what are your plans, and what message would you like to leave for your successor?**

- ✔ For now, I don't have any immediate plans. I want to spend time with my parents, who have grown old and need my care. As for my successor, I hope they continue the good practices we've established and take FAIRMED to greater heights. I'd like to leave everyone with this thought: We are all working for the community. Our logo says, "Health for the Poorest," and everyone plays a complementary role in achieving that mission. Acknowledge efforts, provide spaces for people to grow, and always strive to find a way out—even if it's not the perfect solution.

❓ **That's inspiring. What lessons or principles have guided your leadership style?**

- ✔ I've always believed in providing a way out when people approach me with problems. Even if there isn't an immediate solution, there's always a way forward. I make it a point not to delay or dismiss concerns because lingering issues can demotivate people. Prompt communication is key, and I don't believe in procrastination. This approach has helped me immensely.

Another principle I hold dear is the importance of attitude, behavior, and then competency. Attitude to learn is essential. Over my 30 years in the development sector, I've seen that innovation and creativity are crucial. You can work for 20 years, but if you haven't evolved or found creative ways to work, you've failed.

Thank you, Mr. Deepak, for sharing your insights and experiences. Your contributions to FAIRMED have been invaluable, and we wish you all the best in your future endeavors.

This year, FAIRMED celebrated several milestones that highlight our commitment to innovation, storytelling, and collaboration in the health sector. These "little achievements" are a testament to the dedication of our team and partners, and they inspire us to keep pushing boundaries in our mission for equitable health care.

Health for All Film Festival: A Story Worth Telling

Our documentary, which captures the transformative impact of our work in marginalized communities, was nominated at the prestigious Health for All Film Festival, organized by the World Health Organization (WHO). This recognition not only amplifies the voices of the communities we serve but also showcases the power of storytelling in driving global health awareness.

Case Story Writing Competition: Celebrating Voices of Change



We launched a Case Story Writing Competition to document and celebrate the inspiring stories of resilience and transformation from our project areas. The winners, selected from a pool of compelling entries, shared powerful narratives of individuals and communities overcoming health challenges. These stories not only inspire but also serve as valuable tools for advocacy and learning.

Small Wins, Big Dreams: Celebrating FAIRMED's Moments of Impact

Experience sharing participating in NNN Conference 2024

The 15th Annual NNN Conference, held from October 1st to 3rd, 2024, in Kuala Lumpur, Malaysia, focused on "Collaboration for Change: Fostering Global Equity and Strengthening Community Engagement in NTDs." FAIRMED Nepal participated, sharing insights on "Addressing Social Determinants of Health" and cross-sectoral approaches. In collaboration with CBM International, FAIRMED highlighted how NTDs are linked to poverty and the importance of addressing social determinants for their elimination. FAIRMED showcased its innovative LNOB Mapping Tool for data collection and its integrated approach to strengthening local health systems, including health worker training, active case detection, and rehabilitative care for leprosy and lymphatic filariasis (LF) in Nepal.

Key themes included advocacy for NTD program sustainability, grassroots inclusion in decision-making, and leveraging digital tools like DHIS2 for NTD reporting. The conference also emphasized ethical storytelling, patient-centered care, and the use of tools like the Leprosy Elimination Monitoring Framework and the NTD Inclusion Score Card (NISC). FAIRMED's participation underscored its commitment to innovative, inclusive, and sustainable NTD interventions.

Research Activity: Addressing Child Marriage and Maternal Health



Tamara Mosimann

In 2023, FAIRMED collaborated with Tamara Mosimann, a student from the Swiss Tropical and Public Health Institute (Swiss TPH), University of Basel, to conduct a research study on child marriage and its implications for maternal and child health in Nepal. This collaborative effort aimed to deepen our understanding of the drivers and consequences of child marriage, particularly in underserved regions like Sindhupalchok district, Bagmati Province.

The research employed a multi-method approach, combining a scoping review of 54 articles from global databases such as Ovid Medline, Embase, Web of Science, and Scopus, alongside grey literature and government reports. To complement the literature review, 10 semi-structured interviews were conducted with key informants in Sindhupalchok, a district with limited prior research on the topic.



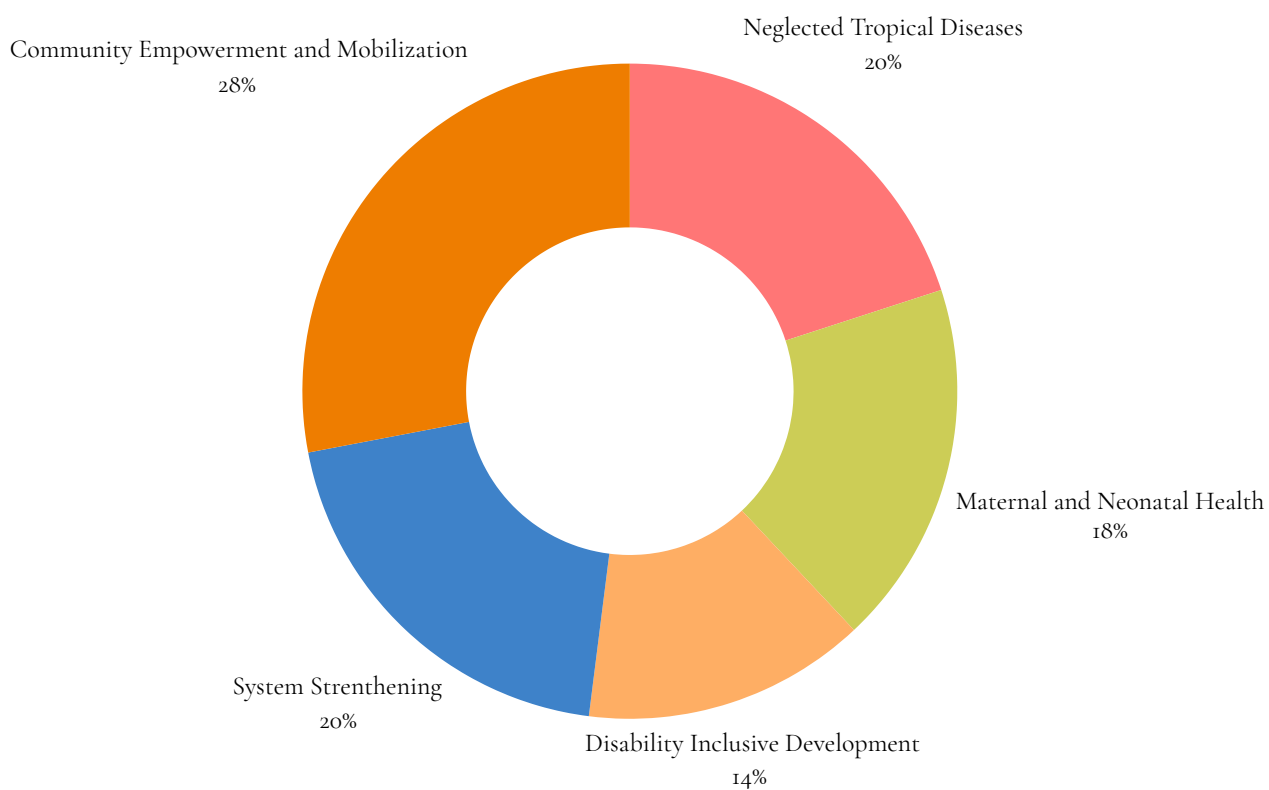
Key Findings

- **Education as a Critical Factor:** The study highlighted that lack of education or low-quality education significantly increases the likelihood of child marriage. In Sindhupalchok, factors such as love marriages among minors and lack of parental guidance were also identified as major contributors.
- **Maternal Health Risks:** Women married as children face higher risks of early pregnancy and its adverse consequences. They are less likely to receive adequate antenatal care, deliver in health facilities, or be attended by skilled birth attendants. This leads to higher rates of preterm deliveries, low birth weight newborns, and childhood malnutrition. Long-term health impacts, such as uterine prolapse, further compound the challenges faced by these women.
- **Intergenerational Impact:** The consequences of child marriage extend beyond the individual, affecting the health and well-being of future generations.

The collaboration with Swiss TPH and Tamara Mosimann reflects FAIRMED's commitment to evidence-based interventions and partnerships that drive meaningful impact. This research not only highlights the urgent need to address child marriage but also equips us with actionable strategies to create a healthier, more equitable future for all.

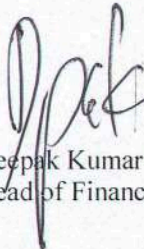

Financial Overview


Thematic Initiatives	Budget	Expenditure	Total
Neglected Tropical Diseases (NTDs)	61,181,986	46,616,903	14,565,083
Maternal and Neonatal Health	49,679,824	41,816,187	7,863,637
Disability Inclusive Development	36,836,655	34,045,965	2,790,690
Health System Strengthening	48,102,355	46,594,010	1,508,344
Community Empowerment and Mobilization	79,624,316	66,178,473	13,445,843
Grand Total	275,425,135	235,251,538	40,173,597




FAIRMED FOUNDATION NEPAL
Jamshikhel, Lalitpur
FUND ACCOUNTABILITY STATEMENT
For the Year Ended 31 Ashadh 2081 (15 July 2024)

Particulars	Amount in NPR	
	Current Year	Previous Year
Sources of Fund		
Opening Fund Balance	34,821,461	27,908,762
Fund Received During the Year	260,839,151	232,957,792
Total Funds Available (A)	295,660,612	260,866,554
Application of Funds		
Expenditure		
Country /Field Offices	33,365,402	31,584,599
EHP-Program	55,175,054	53,523,660
BISWAS-Program	69,888,893	65,516,486
RHIP-Program	66,427,836	55,775,332
SIHP-Program	25,727,111	18,327,876
NLR-Program	3,185,968	1,317,140
Total Expenditure (B)	253,770,264	226,045,093
Balance of Funds [A-B]	41,890,348	34,821,460
Balance of Funds Represented By:		
Cash and Cash Equivalents	35,501	70,000
Bank Balance	39,999,749	28,375,355
Accounts Receivable	6,794,048	10,953,200
Accounts Payable	(4,938,950)	(4,577,095)
Total	41,890,348	34,821,461



 Health for the Poorest
 NEPAL COUNTRY PROGRAM
 Deepak Kumar Upadhyay
 Head of Finance/Operations


 Nirmala Sharma
 Country Coordinator


 Pratap P Pradhan
 Partner
 PP Pradhan & Co
 Chartered Accountants

Date: 30 September 2024
 Place: Kathmandu

उपेक्षित उष्ण
प्रदेशीय रोगहरू

Neglected Tropical
Diseases (NTDs)

जुका
Round Worm



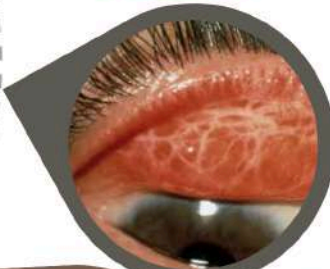
हात्ती पाइले
Lymphatic Filariasis



कुष्ठरोग
Leprosy



खस्रे रोग
Trachoma



सर्पदंश
Snake Bite



लुतो
Scabies



रेबिज
Rabies



माइसिटोमा
Mycetoma



Kala-azar
कालाजार



डेंगु
Dengue



फित्ते जुका
Tape Worm





Health for the Poorest

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